



RSE

St Bernadette'School

Aims of the meeting:

By the end of the meeting parents will know :

- ▶ The content of St Bernadette's Draft School policy
- ▶ What rights parents have in terms of RSE
- ▶ What is covered in each year in terms of relationships education and sex education.

Relationships and Sex Education in Schools

- ▶ In June 2019, the Government released the final guidance document of what schools will need to deliver around RSE as part of the basic school curriculum.
- ▶ This guidance replaces the SRE guidance of 2000
- ▶ The new statutory requirements come into effect from September 2020, although the DFE is encouraging schools to begin teaching the new curriculum now.
- ▶ As a minimum, all schools will be required to cover a number of themes and topics by the end of the primary or secondary phase.

Relationships Education

In primary school the focus is on teaching the characteristics of positive relationships, with reference to friendships, family relationships and relationships with other children. The main themes running through are

- ▶ Families and people who care for me
- ▶ Caring relationships
- ▶ Respectful relationships
- ▶ Online relationships
- ▶ Being safe



Physical health and mental well being

- ▶ Mental wellbeing
- ▶ Internet safety and harms
- ▶ Physical health and fitness
- ▶ Healthy eating
- ▶ Drugs alcohol and tobacco
- ▶ Health and prevention
- ▶ Basic first aid
- ▶ Changing adolescent body



Delivery

- ▶ Many schools currently deliver these topics as part of their timetabled PSHE (personal social and health education)
- ▶ The content also complements national curriculum subjects such as science, PE and computing
- ▶ It is a requirement that all schools have a written policy in place for RSE and this is freely available to parents and stakeholders.
- ▶ The policy should reflect the needs of the children , parents and the community they serve.
- ▶ Schools are allowed to devise a policy that reflects the faith background of their pupils.

Right to withdraw

- ▶ There is no right of parental withdrawal from Relationships Education or Health education elements.
- ▶ Parents do have the right to withdraw from some or all of the sex education, outside of the mandatory requirements ie that stated in the science national curriculum.



Sex Education

- ▶ Sex Education is not compulsory in primary schools but the science curriculum is. The national curriculum includes content in related areas such as the external body parts , the human body as it grows from birth to old age including puberty and reproduction in plants and animals.
- ▶ The DFE continues to recommend that all primary schools should have a sex education programme which should ensure both boys and girls are prepared for the changes that adolescence brings an how a baby is conceived.

The science curriculum

- ▶ Ks1
- ▶ Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each of the senses.
- ▶ Notice that animals including humans have offspring which grow into adults
- ▶ Describe the basic needs of animals including humans for survival
- ▶ KS2
- ▶ Describe the differences in life cycles of a mammal, amphibian, insect and bird.
- ▶ Describe the life process of reproduction in some plants and animals.
- ▶ Describe the changes that take place as humans develop, including the changes that are experienced in puberty.

Quashing the myths

- ▶ In teaching Relationships education, the needs of all pupils must be met. At the point at which schools consider it appropriate to teach their children about LGBT, they should ensure that this is integrated into their PSHE programme, rather than being delivered as a stand alone unit. Schools are free to determine how they do this, but secondary schools are expected to have taught LGBT content at a timely point.

Programme STRUCTURE

- Key Stage One
- Lower Key Stage Two
- Upper Key Stage Two

Module 1
Created and
Loved by God

Units:

- Religious Understanding
- Me, My Body, My Health
- Emotional Well-being
- Life cycles

Module 2
Created to
Love Others

Units:

- Religious Understanding
- Personal Relationships
- Keeping Safe

Module 3
Created to Live
in Community

Units:

- Religious Understanding
- Living in the Wider World

Various Lessons and Sessions

Module I: Created and Loved by GOD

Module One: Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

Module I: Created and Loved by GOD

Kester's Adventures follows the story of Kester who is in search of his Maker. When he finds his maker, Abraham, Kester develops a deep and personal relationship with him over many years. As the children grow through the learning stages, Kester's story grows in complexity as he tries to understand his place in the world when faced with more challenging life decisions. Ultimately, he is always reminded that he was created by Abraham, along with his parents, and was loved and cared for even before he was born.



Module I: Created and Loved by GOD

Lower Key Stage Two:

- Understanding differences;
- Respecting our bodies;
- Puberty and changing bodies;
- Strategies to support emotional wellbeing including practicing thankfulness;
- The development of pupils' understanding of life before birth.



Module I: Created and Loved by GOD

Making BABIES



Peculiar FEELINGS



Menstruation



Gifts and TALENTS



Spots AND Sleep



Upper Key Stage Two:


- Appreciation of physical and emotional differences;
- A more complex understanding of physical changes in girl and boys bodies;
- Body image;
- Strong emotional feelings;
- The impact of the internet and social media on emotional well-being;
- A more nuanced and scientific understanding of life in the womb and how babies are made;
- Menstruation.

Module 1: Created and Loved by GOD

Paradise Street is an original drama series for Upper Key Stage Two which follows the story of 4 friends – Finn, Leyla, Marcus and Siobhan – who have different personal and social experiences related to growing up and puberty. Each episode lasts about 10 minutes and is followed by a time of teacher-led discussion with the pupils. Each session also includes an episode of “**Delving Deeper into Paradise Street**” in which two fun presenters explore the issues in the drama and provide some teaching for pupils (which also acts as guidance and support for teachers). Each concludes with a time of personal writing in a **Module 1 Workbook** which will help the pupils to digest and personalise the teaching.



Module 2: Created to Love OTHERS

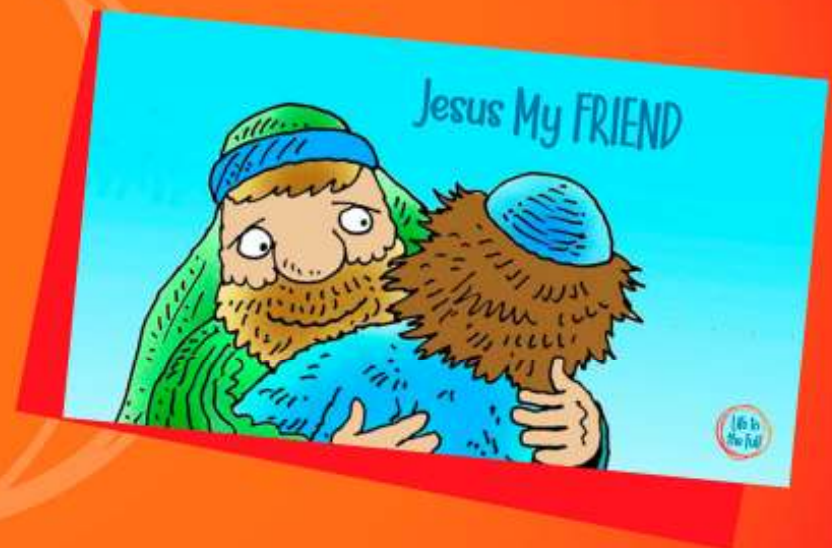


Module Two: Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.

Module 2: Created to Love OTHERS

Gospel Stories

At the start of each learning stage, we begin with a series of story sessions based on a key Gospel story which provides the religious foundation for the teaching that will follow. For example, through an imaginative retelling of the Prodigal Son, children deepen their understanding of the concept of sin and the importance of forgiveness in relationships.



Module 2: Created to Love OTHERS

Lower Key Stage Two:

Unit 'Personal Relationships':

- Children to develop a more complex appreciation of different family structures;
- Activities and strategies to help them develop healthy relationships with family and friends;
- Techniques for managing thoughts, feelings and actions.

Unit 'Keeping Safe':

- Incorporates some NSPCC resources around online safety;
- Teaching on bullying and abuse through a series of animated stories.



Module 2: Created to Love OTHERS



Upper Key Stage Two:

Unit 'Personal Relationships':

- Equip children with strategies for more complex experiences of relationships and conflict;
- Identify and understand how to respond to spoken and unspoken pressure;
- The concept of consent ;
- Further teaching on how our thoughts and feelings have an impact on how we act.

Unit 'Keeping Safe':

- Risks of sharing and chatting online;
- A more complex understanding of different forms of abuse.

Module 3: Created to Live in COMMUNITY

Module Three: Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

Module 3: Created to Live in COMMUNITY

Trinity House is a story told throughout the programme from Years 1 to 6 at a growing level of complexity through each learning stage. It tells the story of the Trinity family who live in Trinity House – Abba, Adam and Amara – symbols of the creative circle of love between Father, Son and Spirit. Children will learn that just like the Trinity of God, we are made to love God and love others, and we are made to be loved by God and others. This extends not only to us, our families, our friends and our personal relationships, but also to the wider world.



Module 3: Created to Live in COMMUNITY



WHO is my Neighbour?



Subsequent sessions:

In subsequent sessions, this religious understanding is applied real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.

Note: some sessions in Module 3 are not available for the trial. Please see the Programme Overview for updated information on this.



Life to
the Full

Online PARENT Portal

- Further information
- Activities for home learning
- Links to family prayers

www.tentenresources.co.uk/parent-portal