

Act of Love

O my God, I love you with my whole heart
and above all things
because you are infinitely good and perfect,
and I love my neighbour as myself
for love of you.

Grant that I may love you more and more in this life,
and in the next for all eternity.

Amen.



Act of Sorrow

O my God, I thank you for loving me.
I am sorry for all my sins:
for not loving others
and not loving you.
Help me to live like Jesus
and not sin again.
Amen.



Act of Contrition

O my God, because you are so good,
I am very sorry that I have
Sinned against you,
And with the help of your grace
I will not sin again.
Amen.



Prayer of Thanksgiving after Communion

○ Sacrament most holy!

○ Sacrament divine!

All praise and all thanksgiving
be every moment thine.



The Angelus

The Angel of the Lord declared to Mary: **and she conceived of the Holy Spirit.**

Hail Mary... **Holy Mary...**

Behold the handmaid of the Lord: **be it done to me according to your word.**

Hail Mary... **Holy Mary...**

And the Word was made flesh: **and dwelt among us**

Hail Mary... **Holy Mary...**

Pray for us, O holy Mother of God **that we may be made worthy of the promises of Christ.**



Let us pray:

Pour forth, we beseech you, O Lord,

your grace into our hearts,

that we to whom the incarnation of Christ, your Son,

was made known by the message of an angel,

may be brought by his passion and cross

to the glory of his resurrection,

through Christ our Lord. Amen.



The Rosary – The Luminous Mysteries

1. **The Baptism of Jesus** (Matthew 3:13-17, Mark 1:9-11, Luke 3:21)
2. **The Wedding Feast at Cana** (John 2:1-12)
3. **The Proclamation of the Kingdom** (Matthew 9:35)
4. **The Transfiguration** (Matthew 17:1-8, Mark 9:2-8, Luke 9:28-36)
5. **The Institution of the Holy Eucharist** (Matthew 26:26-30, Mark 14:17-25, Luke 22: 14-20)



The Confiteor



I confess to almighty God
And to you, my brothers and sisters,
That I have greatly sinned
In my thoughts and in my words,
In what I have done and in what I have failed to do,
Through my fault,
Through my fault,
Through my most grievous fault;
Therefore I ask blessed Mary ever-Virgin,
All the Angels and Saints,
And you my brothers and sisters,
To pray for me to the Lord our God.

Mass Responses and Prayers

The prayers of the Introductory Rite

The Confiteor

The Invitation to Communion

Thanksgiving after Communion

Rite of Penance (Sacrament of Reconciliation)

